For those of us that feel driven to do good, the number of social issues our society faces can be overwhelming: poverty, hunger, racial disparities, climate change, and endlessly more. These social issues are diverse, complex, and interconnected. There are many incredible organizations attacking these issues and are playing their niches part to make our world better.

The problem for you and me is deciding where to put our time and money for the strongest impact. With so many problems and so many solutions, how do we choose? Psychologists call this the paradox of choice: too many choices can produce anxiety and lead to inaction. Have you ever felt this way?

One reason we are so passionate about Youthprise is their solution to the paradox of choice. They combine three areas of activity under one roof, all with the goal of decreasing disparities for youth in Minnesota.

Youthprise Activities:

- Mobilizes and invests millions of dollars directly into serving youth.
- Advances knowledge through publications, educational workshops, and research.
- Advocates for change through legislative policy work and community engagement.

Because they use a comprehensive and systemic approach, supporting Youthprise means you feel less anxious over where your time and money are going. You don’t have to choose between investing directly in youth, investing in the introduction of much-needed policy change, or increasing understanding and awareness. Youthprise offers all the above.

Youthprise implements areas of impact as ways to address three focus areas: Learning and Leadership, Economic Opportunity, and Health & Safety. These areas impact youth in interrelated ways. Economic disparities cannot be solved without the learning and leadership of youth. Young people cannot focus on learning and leadership if their health and safety are at risk. The health and safety of young people is strongly impacted by their economic opportunities. Youthprise’s holistic approach recognizes this and works towards systems change.

For this reason, we have been honored to serve as co-chairs for Youthprise’s board and stewards of measuring their impact. We would be equally honored if you join us with your time, resources, and support.
2018 was both a heartbreaking and hopeful year. We saw young people show leadership in philanthropy, research, and community organizing. Youthprise strove to continue its support for local youth as they rose to the occasion. Because our impact as an intermediary is not always easily seen, I would like to invite you to celebrate our 2018 achievements.

In our Economic Opportunity focus area, 2018 was the final year of funding through our Opportunity Reboot program. We have begun to measure the programs impact, including serving over 1,000 youth this year, and strengthen the approach.

In the area of Learning and Leadership, we collaborated with Venn Foundation to launch the Minnesota Afterschool Advance, an initiative designed to help more families access high-quality out-of-school time activities. Lastly, in Health and Safety, we expanded our cross-sector partnerships with an eye towards long-term reform for the juvenile justice system.

2018 reminded us that we must involve families, private and public partners, and young people in the important work of executing our mission. As we look forward to 2019 and beyond, we aim to increase our impact by inviting more collaborations and aligning our strategic framework. We are thankful for all our partners and grantees that strive to make Minnesota a better place for all young people. This year as well, we could not have done it without you.

### 2018 Financial Summary

The following financial information is summarized from our records. To receive a copy of our audited financial statement go to Youthprise.org/financials or inquire at Tracey@Youthprise.org

<table>
<thead>
<tr>
<th>Revenue</th>
<th>Without donor restrictions</th>
<th>With donor restrictions</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>Contributions and grants</td>
<td>$2,066,470</td>
<td>$5,618,343</td>
<td>$7,684,813</td>
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<tr>
<td>Contract fees for service</td>
<td>$98,343</td>
<td>-</td>
<td>$98,343</td>
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<tr>
<td>Other revenue</td>
<td>$42,009</td>
<td>-</td>
<td>$42,009</td>
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<tr>
<td>Net Support &amp; Revenue</td>
<td>$2,206,822</td>
<td>$5,618,343</td>
<td>$7,825,165</td>
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<tr>
<td>Net assets released from restriction</td>
<td>$4,447,790</td>
<td>$(4,447,790)</td>
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</tr>
<tr>
<td>Total support &amp; revenues</td>
<td>$6,654,612</td>
<td>$1,170,553</td>
<td>$7,825,165</td>
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<table>
<thead>
<tr>
<th>Expenses</th>
<th></th>
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<tr>
<td>Program services</td>
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<td>$5,292,081</td>
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<tr>
<td>Administration</td>
<td>$701,100</td>
<td>-</td>
<td>$701,100</td>
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<tr>
<td>Fundraising</td>
<td>$494,122</td>
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<td>$494,122</td>
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<tr>
<td>Total Expenses</td>
<td>$6,487,303</td>
<td>-</td>
<td>$6,487,303</td>
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<tr>
<td>Change in Net Assets</td>
<td>$167,309</td>
<td>$1,170,553</td>
<td>$1,337,862</td>
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<tr>
<td>Net Assets (BoY)</td>
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<tr>
<td>Net Assets (EoY)</td>
<td>$1,654,818</td>
<td>$2,014,423</td>
<td>$3,669,241</td>
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<table>
<thead>
<tr>
<th>Assets</th>
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<tbody>
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<td>Total Assets</td>
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<td></td>
<td></td>
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<tr>
<td>Liabilities</td>
<td>Total Liabilities $1,169,111</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Fund Balance (EoY)</td>
<td>Net Assets $3,669,241</td>
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</tr>
</tbody>
</table>
A series that profiles young people who are making radical changes in communities across Minnesota.

ROCHELLE & NADIA
RESEARCH ASSOCIATES
Rochelle Lund and Nadia Linoo were two Research Associates that create Youth Participatory Action Research (YPAR) curriculum, help facilitate trainings, and support the Youth Research Network as a part of Youthprise’s YPAR team.

GAZONG & MAI SHOUA
HOSTS OF THE PODCAST HEAR US OUT
GaoZong and Mai Shoua were using the power of digital storytelling to shift the narrative about young people in Minnesota. As the hosts of the podcast Hear Us Out, this pair of friends work to spotlight youth voices.

MIAH
NORTHSIDE FRESH COORDINATOR AND POLICY MANAGER AT APPETITE FOR CHANGE
Miah Ulysse fights for a more just food system in Minnesota, advocating for access to healthy and culturally-relevant food options for Minnesota communities.

ROSE
INDIGENOUS YOUTH ORGANIZER
At 16 years old, Rose Whipple has already had a profound impact. She is an indigenous youth organizer who advocates for environmental justice for indigenous communities across the country.

Read more: https://tinyurl.com/rnkvcy4
At Banyan Community Center, an afternoon snack Youthprise provides is penne pasta with meat sauce. Snacktime is not only time to refuel with a hot meal after a long school day, but also time for cross-age conversations among kids and staff. Sharing a table “is the greatest thing,” says Banyan Development Director Sue Riesgraf. The intergenerational conversations that naturally “help [young people] see themselves achieving more.” This is just one example of the community development mindset typical of Banyan staff.

At Banyan Community Center’s home neighborhood of Phillips, 93% of the youth qualify for free and reduced-price lunches. The 105 families who participate in Banyan programming are not only recipients of food and expanded learning opportunities, but also are providers of many of the services themselves.

Because the Phillips neighborhood is often a first stop for immigrants (50% of the Banyan families are Latinx, 12% are Somali, 10% are African-American, and 12% are mixed race), cross-cultural food tasting is the norm, and youth choice shapes special event menus like the high school end-of-semester dinner.

As the organization celebrates its 20th year of existence and third year in its current space, there is much to celebrate. Wilder Research found that the Banyan experience creates a return on investment of $8 for every $1 spent. Banyan has also received the 2018 Minnesota’s Future Award from the Minnesota Business Partnership, as well as supported the graduation of a handful of young people from De LaSalle High School.

Read the full story online at https://tinyurl.com/t9tueof
Our Nutrition Hub is a part of our Health and Safety impact area. Youthprise’s Nutrition Hub enables youth organizations to provide meals and snacks to youth by leveraging federal child nutrition programs. Before the Nutrition Hub, over $4M in federal funding went unused due to administrative burden of running nutrition programs. The Nutrition Hub offers behind-the-scenes support and fills in the gaps to make everyone involved—from the staff of youth program sites and centers to the children they serve—stronger. Nutrition Hub strives to serve many days out of the year to ensure no meal is missed – rain, snow, or otherwise!

<table>
<thead>
<tr>
<th>Year</th>
<th>Total Sites</th>
<th>County</th>
<th>Meals</th>
<th>Total Meals</th>
<th>Total Investment</th>
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<td>10</td>
<td>Hennepin</td>
<td>16812</td>
<td>63507</td>
<td>$134,729.32</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Ramsey</td>
<td>46695</td>
<td></td>
<td></td>
</tr>
<tr>
<td>2016</td>
<td>22</td>
<td>Hennepin</td>
<td>56507</td>
<td>145844</td>
<td>$305,386.45</td>
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<tr>
<td></td>
<td></td>
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<td>89337</td>
<td></td>
<td></td>
</tr>
<tr>
<td>2017</td>
<td>41</td>
<td>Anoka</td>
<td>4387</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Dakota</td>
<td>1697</td>
<td></td>
<td></td>
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<tr>
<td></td>
<td></td>
<td>Hennepin</td>
<td>102964</td>
<td>221449</td>
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</tr>
<tr>
<td></td>
<td></td>
<td>Ramsey</td>
<td>111568</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Washington</td>
<td>833</td>
<td></td>
<td></td>
</tr>
<tr>
<td>2018</td>
<td>52</td>
<td>Anoka</td>
<td>3330</td>
<td>253450</td>
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<tr>
<td></td>
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</tr>
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<td></td>
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<td></td>
<td></td>
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<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Washington</td>
<td>3465</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

“Since its establishment in 2015, the Nutrition Hub has grown from 10 sites to 52 Nutrition sites across the Twin Cities. In 2018, we helped to serve over 253,000 meals to over 5,000 youth. We are all set to serve our one millionth meal in January 2020 and plan to grow beyond the Metro into Greater Minnesota.

Nutrition Hub works with two primary programs: The Child and Adult Care Food Program (CACFP) and the Summer Food Service Program (SFSP). CACFP provides school meals from the first day of school through the last day of school (depending on school district dates), while (SFSP) provides meals from the first day of summer through the last day before school resumes. Nutrition Hub coordinates these efforts so that youth and their families can receive appetizing, delicious, and diverse meals year-round.

Learn more at Youthprise.org/nutrition-program
Organizations spent money on:

- Simple, cold & shelf-stable food
- Staff time to shop & pick up food
- Cost of purchase & prepping food
- Limited resources for training & reporting

With Youthprise Nutrition Hub:

- Electronic tracking system
- Equipment & storage
- Training
- Background support, administration & assurance
- Multiple menu options and food cost is covered

Organizations now have:

- Healthy safe food
- More money for program, staff & mission
- Higher connections to community

Incorporating the Nutrition Hub model & leveling up customer service, equipment, capacity & efficiencies
ECONOMIC OPPORTUNITY

Inspiring Community Involvement Through Doughnuts

About two years ago, a craving for a good doughnut led Youthprise staff to a doughnut shop in Dinkytown where they discovered the creative force of Bradley Taylor. Taylor’s shop Sssdude-Nutz sold square doughnuts designed to satisfy every craving. (The name derives from a braces-imposed lisp in Taylor’s youth when he tried to say “Dude.”)

A California-born University of Minnesota Sociology graduate, Taylor turned his craving for the doughnut shops that are community gathering places in L.A. into a business.

He was just getting his feet on the ground with Sssdude-Nutz when Youthprise entered the picture. “I met all these cool people from various backgrounds who saw young people, community, and business/commerce in what I was doing, and I wanted to be part of it,” says Taylor. With Youthprise’s encouragement and resources, he went from an entrepreneur who “just wanted to sell doughnuts to hungry college kids” to a community-minded activist with more than doughnuts on the menu.
Not only does Taylor sell every imaginable variety of doughnut in an appealing square shape that gives you 11% more doughnut in their corners, he also sponsors community gatherings called “Backpack Buffets.” Inspired by a friend’s story of kids not having school supplies at the start of the school year, he uses the power of social media to organize give-away events. After soliciting donations by group-texting his friends, he identifies convenient distribution centers. “First there were 50 kids,” he says. The numbers have tripled since that first event in North Minneapolis. The beauty of the event is that kids have the agency to choose what they need in school supplies.

“People think things are unattainable because they’re big aspirations,” he says of Backpack Buffet. But Taylor monitors community needs and listens to customer desires, leading to Sssdude-Nutz becoming a food truck. The truck has allowed Taylor to reach neighborhoods that might be considered food deserts, impacting local food systems, and helping him spread the message of the Backpack Buffets.

Read the full story online at https://tinyurl.com/uktadpn
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Disrupt is a workshop series created by youth and adults to help you reimagine your own work to be more inclusive, creative, and impactful. These workshops will equip you with strategies to build authentic relationships and ensure that folks most impacted have decision-making power and are centered in your work. Workshops included:

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